

ADDRESSING WORKPLACE BULLYING



Delivery: Face-to-face
(recommended) or Virtual



Duration: Half day



Maximum Participants: 15



Recommended for:
Staff, managers and leaders



Fully Pre-qualified on:
buy.nsw Supplier Hub,
VendorPanel and AusTender



Effectively address bullying behaviours in the workplace

Support your team to recognise and eliminate workplace bullying. By improving awareness of workplace policies and procedures participants will acquire strategies around how to act on, report and seek help for bullying behaviour.

WORKSHOP CONTENT

Designed and delivered by a facilitator who has worked in Human Resources, Industrial Relations and Professional Conduct roles for over 25 years within the NSW Public Sector, this workshop is focused on how to identify, prevent, and respond to bullying behavior in the workplace.

The content explores: the different forms of workplace bullying, such as verbal, physical, and psychological harassment, and highlights its impact on individuals, teams, and the overall work environment; how to set expectations and model ethical behaviour; and how to address issues or complaints.

Participants engage in discussion and role-playing exercises to develop strategies for addressing bullying, supporting affected colleagues, and creating a more inclusive and respectful workplace culture.

LEARNING OUTCOMES

Upon completion of this workshop, participants will be able to:

- Recognise what constitutes bullying behaviour/harassment/discrimination – how they differ and what they can look like
- Understand how bullying behaviour impacts people and work culture
- Recognise active and passive participation
- Understand NSW Law, legislative provisions and policies
- Know how and where to report incidents
- Outline consequences and implications for individuals, organisations and stakeholders
- Take away practical strategies and preventative steps to boost awareness and positive behaviours in the workplace

ENSURE YOUR TEAM IS SAFE

Improve workplace culture and employee well-being at your organisation.

NSW CAPABILITY

FRAMEWORK ALIGNMENT

- Personal Attributes
- Relationships
- Results

RELATED WORKSHOPS AVAILABLE:

- Strategic Leadership and Management
- Effective Communication Skills
- Building Resilience

“Workplace bullying costs Australian employers between \$6–36 billion every year when hidden and lost opportunity costs are considered”

